Vaser Liposuction/
Vaser LipoSelection

Introduction

People come in all different shapes and sizes. Every body type has areas that are predisposed to fat storage and, even with rigorous diet and exercise, those unwanted bulges often persist. Patented VASER® technology and the advanced LipoSelection® technique now offer a safe alternative for ridding yourself of those stubborn fat deposits to provide you a smooth new shape with fast recovery.

Vaser LipoSelection is a minimally invasive procedure that precisely and efficiently removes unwanted body fat. An alternative to the harsh techniques of traditional liposuction, Vaser LipoSelection uses state-of-the-art ultrasound technology designed to gently reshape your body. What distinguishes the LipoSelection procedure is its ability to differentiate targeted fat from other important tissues – such as nerves, blood vessels and connective tissue. Innovative VASER® technology breaks up fat while conserving these other important tissues. Only the LipoSelection procedure uses the proprietary VASER System to first liquefy fat and then remove it from the body to promote smooth results and rapid healing with only low to minimal pain.

Is VASER LipoSelection right for me?

If you are frustrated by the resistance of certain body areas to diet and exercise, VASER LipoSelection can provide a solution. If you are healthy and seeking a fast, low-pain solution for losing stubborn fat deposits, the LipoSelection procedure could be your answer. Patients who say they would have never considered liposuction are now finding the LipoSelection procedure is a minimally invasive option for the achievement of their body reshaping goals. Although there are limits to the amount of fat that can be removed, your doctor can assist you with your decision about potential areas for contouring, anticipated results, and the recovery process.

What body areas can be treated with Vaser Lipo?

Doctors have experienced great success in treating all of the following areas: abdomen, thighs, knees, ankles, calves, buttocks, hips, back, arms, male and female breasts, love handles, chin, face and just about any other part you need treated.

How much fat can be taken? Can you treat multiple areas at once?

Vaser Lipo allows physicians to treat multiple body areas at one time. A doctor will be able to give you a better idea of what is right for you and how much fat will be taken out during your procedure. Bear in mind that this procedure is not intended as a weight loss solution. The goal is to create a slimmer silhouette. You may not notice a significant amount of weight loss, but you should be pleased with your slimmer new shape.
Pre-operative Care

Inform your surgeon of any allergies, all medical conditions, and any medication that you are taking (both prescription and non-prescription). Avoid aspirin and blood thinning medication such as brufen for two weeks prior to surgery to eliminate the chance of post op. bleeding. You should not smoke for 2 weeks prior to surgery as this may affect your reaction to the anaesthetic and prolong the healing process. Patients that suffer from hypertension must inform the surgeon prior to surgery. No food or liquid intake at least 6 hours prior to surgery.

What about future weight gain / fat migrating to other areas?

This is a common misperception. Following your VASER Lipo procedure, should you experience weight gain or loss, it will tend to be proportionately distributed over your entire body. Once you have fat removed, it is gone and, assuming a healthy lifestyle of proper diet and exercise, it will not return or migrate. However, because fat is necessary to a healthy body, some essential fat layers in any given area remain untreated. If you do gain a significant amount of weight, the remaining fatty tissue will expand. Normal aging changes can also be expected.

Post-Operative Care and Recovery

While admitted, intravenous antibiotics are given to prevent infection and pain is managed accordingly. Wound dressings are changed as required. Upon discharge from the hospital, oral antibiotic, pain reliever and anti swelling medications will be provided. Compression garments are worn 24/7 in the first week. On the second to third week compression garment can be taken off at bedtime. Temporary bruising, swelling, numbness, soreness or burning sensation may be noted. Patient usually returns to work and resume normal daily activities after 5 to 14 days. Strenuous activities can be resumed after two to four weeks. It may take one to six months for the swelling and bruising to totally subside depending upon the amount of fat and the areas treated.

Limitation

Large areas of treatment have to be separated into two or more sessions. Liposuction could not help decrease the size of large internal organs or the high fibrous content in subcutaneous areas.

Risks and Complications

Risks are inherent to any surgical procedure. The most common risks are infection, asymmetry, rippling of the skin, pigmentation changes, injury to the skin, fluid retention and/or excessive loss of blood. Too much of the liposuction may increase the risk of bleeding, shock and fatal fat embolism. You can reduce your risks by closely following your surgeon's instructions both before and after surgery.

How soon will I see my results? What is the recovery time?

This varies with the extensiveness of the procedure—the amount of fat removed, the number of areas treated, and so on. Many patients report that they see results immediately after the procedure with the final result at around 3 to 6 months. It is important that you establish realistic expectations through discussion with your doctor.