BROW LIFT

SURGICAL/PROCEDURE NAME
Lateral Brow Lift
Coronal Brow Lift
Coronal Brow Lift under G.A.

COMMON NAME
Brow Lift
Forehead Lift

INTRODUCTION
A brow lift can leave you looking younger and help get rid of the horizontal lines and furrows that sometimes give people an angry, sad or tired appearance.

This procedure can be combined with a facelift or an eyelid surgery. However, a brow lift may actually correct the problems that made you consider these other procedures in the first place.

SURGICAL PROCEDURE
This procedure involves raising the eyebrows and underlying muscle, to smooth the forehead, minimize frown lines and correct abnormally low eyebrows to their normal positions. The incision usually starts at ear level, runs across the top of the forehead (hidden behind the hairline) and then back down the other side. Once the incision has been made and the underlying tissue has been removed, the brow will be lifted and the excess skin at the incision is removed. The wound is then sutured or stapled closed.

This procedure may also slightly stretch the upper eyelids, resulting in a younger appearance.

HOSPITAL ADMISSION
1 night

DURATION OF OPERATION
1 hour

ANESTHETIC
Local anesthesia unless the patient prefers not to be awake during surgery, in which case general anesthesia can be used.
PREOPERATIVE CARE
Before your surgery, please inform the surgeon of any allergies, all medical conditions, and any medication that you are taking (both prescription and non-prescription medications). To eliminate the chance of postoperative bleeding, you should avoid any medication containing, Aspirin or Brufen, for 2 weeks prior to your surgery. Smoking is also prohibited for 2 weeks prior to surgery as smoking can affect your reaction to the anesthetic and slow down the healing process. Patients with hypertension must inform the surgeon before the surgery. If you have short hair, you may wish to let it grow, so that you will be able to easily conceal the scar while it is healing.

POST-OPERATIVE CARE AND RECOVERY EXPECTATIONS
Your surgeon will remove any dressing within 24 hours of your procedure. The stitches or staples are usually removed after 1 week. You may experience some discomfort, which can be controlled with pain medication. Each individual is different; you may have no discomfort other than a feeling of tightness. Infections are extremely rare. However, antibiotics are administered to avoid any potential risks. There may be some swelling and bruising around the eyes, but this will generally fade within 2 weeks of the surgery. For the first month, patients should avoid any strenuous activities such as jogging, bending, heavy housework, sex, or any activities that may increase your blood pressure. Exposure to the heat or sun should be limited for several months following surgery, including spas and saunas.

RESULTS
Almost all patients are happy with the results and achieve a younger appearance. This procedure can minimize the effects of aging for years.

RISKS AND COMPLICATIONS
The most common complications are swelling, bruising, infection, scarring, bleeding and numbness, or change in sensation due to the nerve damage. Although you may experience a change in sensation or numbness; this is usually temporary and gradually rectifies itself within 12 months after procedure.

If you have fine or thin hair, scarring may be more visible than patients who have thicker hair. Hair does not grow through scar tissues, although, if necessary, there is a very reliable procedure to correct this later by hair transplant. The risks are reduced, but not eliminated with this new procedure where the brow is lifted endoscopically. Very occasionally, nerve damage may lead to a loss of ability to raise the eyebrows or wrinkle the forehead. Additional surgery can correct the problem. Loss of sensation along or around the incision is also common, but this is usually temporary. Rarely does this affect patients permanently.
BROW LIFT VS BROW SUSPENSION

Brow suspension requires fewer and smaller incisions as the procedure is performed endoscopically. This means that, it is less invasive than the traditional brow lift procedure or laser treatment. However, brow suspension may only last up to 6 years, and then the procedure may need to be repeated. Usually two small incisions are made in the brow and another two in the hair line, directly above the eyebrow incision. A catheter is then used to tunnel underneath the skin, between the brow and hair line incisions, pulling the muscle tight. Then sutures are used to hold the eyebrows in an elevated position. This is relatively a new procedure and it is vital that you obtain a highly qualified and skilled surgeon who has been trained and recognized in this procedure. Younger patient may not need a brow lift, as a combination of Botox, New fill and Laser Treatment combined should provide optimum results.